

Peace that Renews - Sermon Reflection Questions

Living Whole in a Fractured World / Mark 6:30–46

Personal Reflection Questions

1. Where do you most identify with the disciples in this story right now, exhausted, interrupted, overwhelmed, uncertain, or feeling that what you have is not enough?
2. Are there any parts of your life currently feels beyond your ability to manage or control? How might Jesus be inviting you to bring that burden to Him rather than carry it alone?
3. When you consider your present circumstances, are you more aware of what is missing or of what God has already provided? What might help you see both honestly?
4. Jesus saw the crowds as sheep without a shepherd. Where in your life do you most need His guidance, care, or presence right now?
5. What would it look like to trust the Shepherd with one area of uncertainty this week, even if nothing about the situation immediately changes?

Group Reflection Questions

1. Which surprise in the story challenged or encouraged you the most? Why?
2. Jesus responds to exhaustion, interruption, and scarcity very differently than the disciples. What do you notice about His posture, and what might that teach us about following Him?
3. The disciples were not failing; they were tired. How can we better support one another when life leaves us depleted rather than assuming people simply need to try harder?
4. Jesus teaches before He feeds the crowd. What does that reveal about the relationship between physical, emotional, relational, and spiritual well-being?
5. Many of us carry situations that cannot be solved quickly. How does this story encourage us to remain faithful when we do not yet see a solution?